

Promote Active Play with Playground Stencils!!

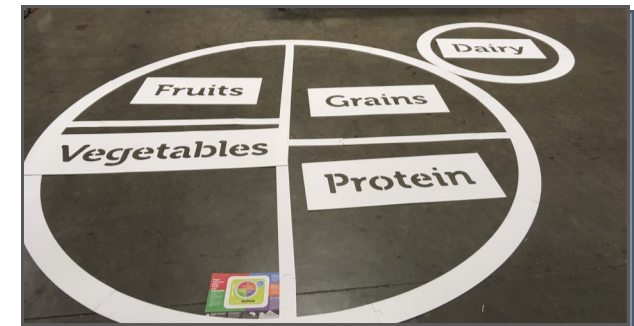
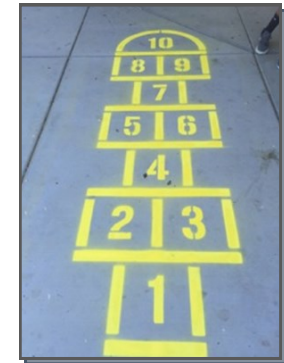
There are 5 kits available to borrow, for free, within Riverside County.

This opportunity is made possible by the Nutrition Education & Obesity Prevention Program at Riverside University Health System- Public Health.

Kits Available:

Description:

1. Four Square (set of 6) Letter Grid (set of 4) Hopscotch (set of 2)	Large square with diagonal corners and numbers Grid of letters or blank spaces (6 x 6 = 36 spaces) Numbered blocks in a jumping sequence
2. Bull's Eye & Wall Target (set of 7) Pathways (set of 7) Traffic Signs (set of 5) NEW!	Concentric rings with target in center, toss line marks Curves, zig zags, dotted lines, arrows, stop light Bike, cross walk, yield, stop, speed limit
3. Play Pond (set of 7) Action Words (set of 6)	Duck, turtle, frog, lily pad, dragonfly, fish, cattails Crawl, cross, hop, swim, walk, fly (block style)
4. Shapes (set of 6) Footprints (1 piece)	Star, heart, diamond, circle, square, pentagon Large right & left foot print (20 x 40")
5. Numbers & Letters (set of 36) Spanish Letters (set of 4) NEW!	0-10, A-Z, military style (16 x 18") ll, ch, rr, & ñ
6. MyPlate (set of 13) NEW! Food Group Words (set of 5) NEW! Fruits & Vegetables (set of 12) NEW!	9' x 9'- MyPlate outline & 4'x4' dairy food group outline Fruit, Vegetable, Grains, Protein, Dairy apple, grapes, strawberry, orange, avocado, tomatoes, corn, root vegetable, sweet red pepper, carrot broccoli



A few questions, to make sure you're ready to borrow the stencils:

- Do you have permission to paint at your facility? Are you sure?
- Do you have enough paint, in all the colors you need? (Water Soluble Paint preferable.)
- Do you have staff or volunteers scheduled and supplies ready for painting?
- Is the weather forecast good for painting?
- Is the surface swept, clean, smooth, and prepared for painting?
- Do you have ability to transport stencils without folding, rolling, or other damage? Sorry, no open pick-up trucks. Stencils are lightweight laminated cardboard (large kits are up to 4' x 7').
- Stencil kits need to be returned within 10 business days.
- Are you able to take before & after photos of the play areas, and send them via email?

If all the answers are "YES", contact Vanessa @ (951) 358-7829 or VanessaMartinez@rivcocha.org

For more information about using the stencils, click here [Stencil Guide](#).

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer.

Visit www.CaChampionsForChange.net for healthy tips.

